

JMU Reddish Knob Hill Climb



Held Under USA Cycling Permit
Collegiate only race held under NCCA (National Collegiate Cycling Association) rules

Individual Uphill Time Trial: Riders will be responsible for following rules of the road throughout the **ENTIRE TT and RETURN** to the start. The descent is long with several blind turns it is therefore imperative that riders do not block traffic and stay on the right-hand side of the road despite the lack of a yellow line, to avoid traffic of riders and cars climbing up the mountain

The Mountain is calling...

Date: March 29th 2008
Fee: \$17 per rider – Make checks payable to **Cycling Club (**no JMU**)**
Registration: **PRE – REGISTRATION ONLY - *******
Location: Briery Branch Virginia
Time: First rider off the line at 11:00am Riders will leave the line at 30-second intervals
Start Order: Men's C, Men's D, Women's B, Men's B, Women's A, Men's A
Course: Approximately an 11.7 mile climb over which riders will gain approximately 2800 feet of elevation. The course begins on a straight road with a gentle false flat climb. At the 6-mile mark riders will pass the dam and the grade will increase and remain sustained for the next four miles. In addition, each of the last six miles of the climb are marked on the pavement with corresponding mile markers. The last two miles will involve several steeper pitches and one or two short rolling sections as riders roll along the ridge road up to the summit of Reddish Knob at 4400'. Riders will stay on pavement the entire time and take all turns where road is paved, all wrong turns are gravel and may very well lead riders into rural West Virginia rather than Reddish Knob (not advised).

Riders will be responsible for riding to the staging area from the parking area as there will be NO parking at the staging area. Riders should allow themselves time to ride the approximately 1 mile from the Community Center to the Start line at the 257 Grocery.

Weather: It is not uncommon for the temperature to be 10 degrees cooler at the summit and riders should be prepared with warm clothes, gloves, jacket or vest for the 20 min descent back to the start.

We ask that riders vacate the top of the mountain as soon as possible. Also, in an effort to minimize traffic at the top **teams will not be permitted to drive**



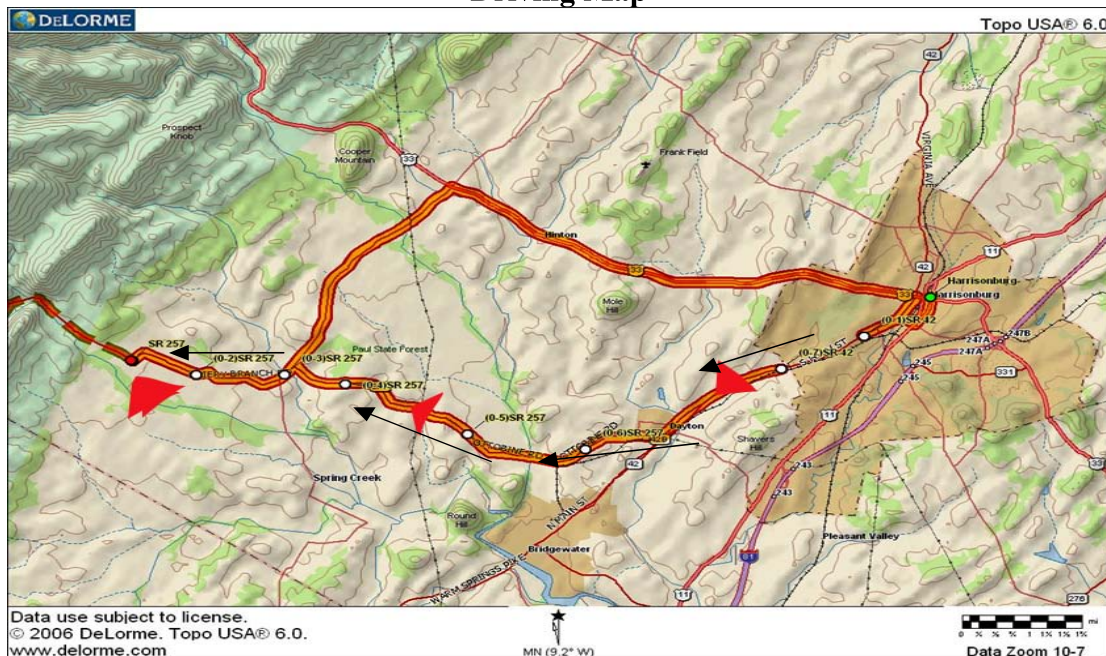
miles of road up to the summit (one-lane road) after the intersection. If there is an interest in driving riders down the mountain, at two miles to go there is an intersection with ample parking for team vehicles. Even better for traffic flow would be to pick up riders with vehicles waiting at the dam or the six mile mark, see map below. If determined to drive riders back to start please wait with vehicles in one of these two places to avoid crowding at the summit. In addition, if the weather or road conditions prove problematic the finish may be moved two miles downhill to mentioned intersection.

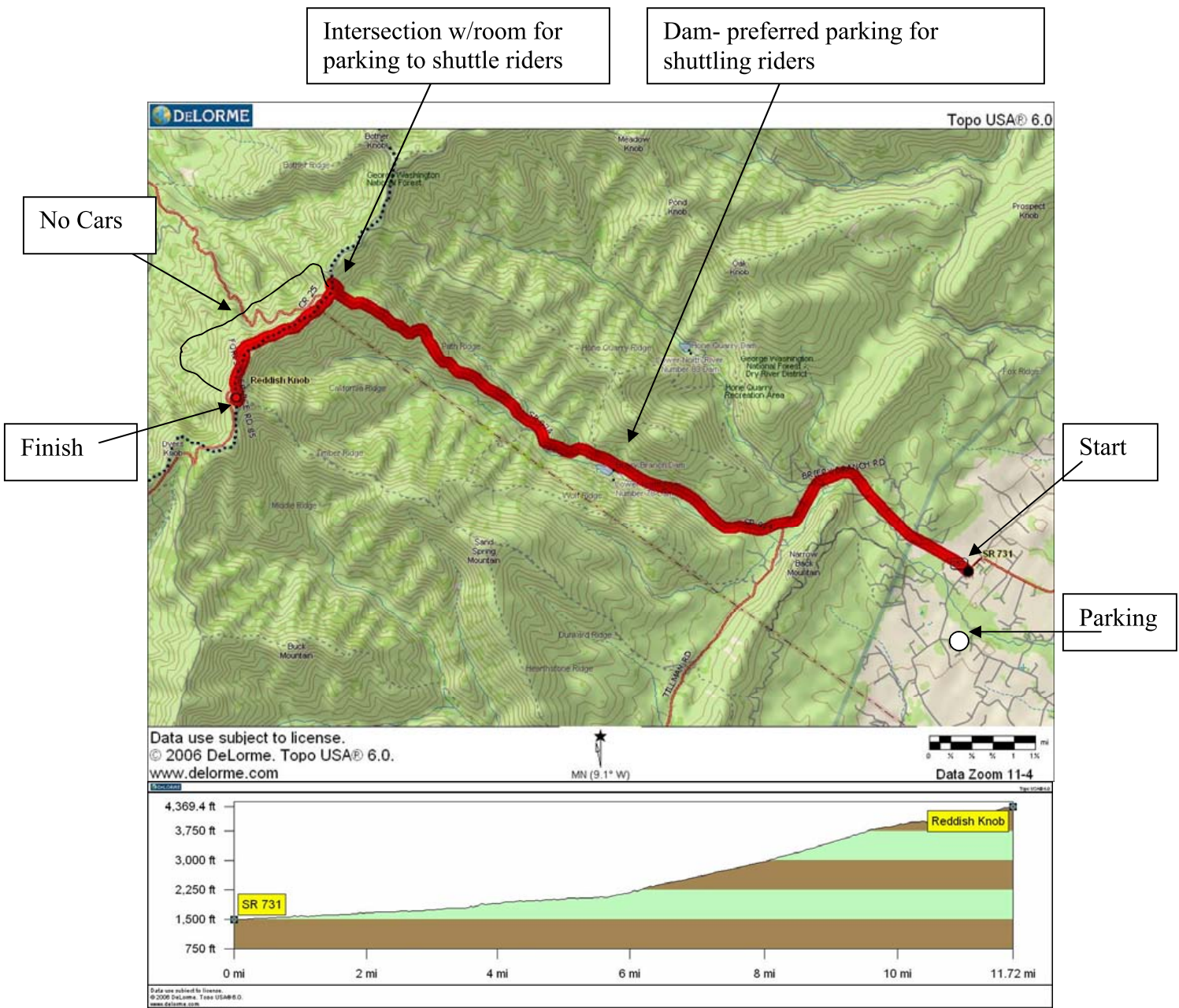
Directions: Harrisonburg is only an hour's drive from Charlottesville (Jeff Cup)
From Interstate 81: Take Exit 245 Port Republic. Head West on Port Republic (Towards JMU) Follow Port and cross Main Street at first light. Go to second light and make a left onto 42 South (South High). Take 42 South out of Harrisonburg for 5 miles to Dayton. Turn right onto 257, Ottobine rd (across the street from Cargill plant). Go several miles. At four-way turn left to stay on 257 Briery Branch rd and follow signs to Reddish Knob. Where 257 turns right at 257 Grocery, stay straight. This intersection will be the start of the time trial and 257 continues up to Reddish Knob. Stay straight on Community Center rd for a mile and then turn left onto Nazarene Church rd and pull into community center immediately on left for parking, bathrooms and registration. It should take about 25 minutes to reach the race start from Harrisonburg.

Harrisonburg has a plethora of hotels located right off the interstate:
<http://www.harrisonburgtourism.com>

Contact Dan Oates with questions: oatesdj@jmu.edu (516-205-3302)

Driving Map





Lin Distance: 11.7 mi
 Elevation Gain: 2,881.4 ft
 Average Grade: 5% (Barely qualifying as a roller – TT helmets, disk wheels, etc)
 Climb Elevation: 3,196.5 ft
 Descent Elevation: 315.1 ft
 Max. Elevation: 4,369.4 ft
 Min. Elevation: 1,487.8 ft
 Climb Distance: 9.9 mi
 Descent Distance: 1.8 mi